

Iowa Department of Human Services

Offer #401-HHS-006: Juvenile Facilities

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This offer is for:		This offer includes the following appropriations:
	New activity	State Training School, Iowa Juvenile Home,
X	Status quo existing activity	General Administration
	Improved existing activity	

Result(s) Addressed:

Primary Results

- **Provide a structured residential program**
 - Safe and healthy environment for children
 - Safe community: successful reentry
- **Provide mental health and substance abuse treatment services**
 - All Iowans have access to quality health care
- **Provide education and vocational programs**
 - Improving student achievement
 - Safe community: successful reentry
- **Provide evaluation services for youth to determine appropriate treatment needs**
 - All Iowans have access to quality care
 - Successful reentry

Program Description:

Who:

The State Training School at Eldora (STS) and the Iowa Juvenile Home (IJH) at Toledo provide highly structured, restrictive environments to assist teenagers who are adjudicated as delinquents or children in need of assistance. These facilities are an integral part of the Child Welfare/Juvenile Justice service delivery systems.

Eldora: The State Training School for Boys at Eldora is a 189-bed facility serving delinquent males age 12-18. In SFY 2008, 505 youth were served and the average daily census was 167. There were 233 admissions and 230 discharges. The average age at admission was 16.2 years with an average length of stay of 8.1 months. There were also 94 thirty-day diagnostic evaluations with 93 discharges.

The youth served by the STS had the following characteristics:

- 44% had special education needs.

- 69% needed substance abuse treatment.
- 31% had been in six or more placements before being committed to the STS.
- 29% had 5 or more separate psychiatric diagnoses.
- 34% required psychotropic medication.
- 29% had low intellectual functioning (below 80 IQ).

Toledo: The Iowa Juvenile Home (IJH) is an 84-bed facility. Toledo serves delinquent females and male and female children in need of assistance aged 12-18 whom a judge has determined to be delinquent or Child in Need of Assistance (CINA). In SFY 2008, 201 youth were served and the average daily census was 76. There were 102 admissions and 108 discharges. The average age at admission was 17.0 years for delinquent females and 15.8 years for CINAs with an average length of stay of about 8 months and 9 months, respectively. There were also 25 thirty-day diagnostic evaluations with 23 discharges.

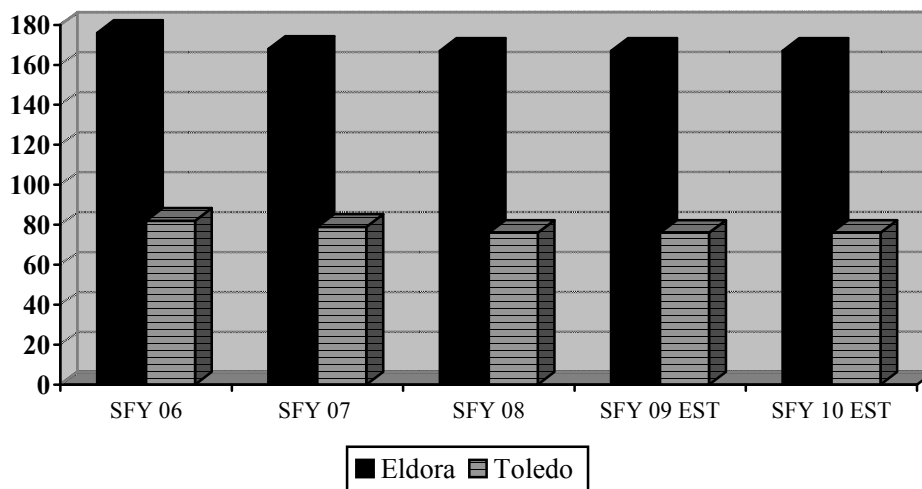
Admissions and evaluations in SFY 2008 included 39 female delinquents, 62 female CINAs, 24 male CINAs, and 2 nonadjudicated youth.

Children averaged 11 prior placements before admission to Toledo. In addition, youth served by the IJH had the following characteristics:

- 61% had special education needs.
- 34% of admitted youth needed substance abuse treatment.
- 54% came from a mental health care placement.
- 27% had 5 or more separate psychiatric diagnoses.
- 84% had a psychiatric diagnosis that included a diagnosis of a depressive disorder of some type.
- 71% required psychotropic medication.
- 25% had low intellectual functioning (below 80 IQ).

The following table reflects the number/percent of Eldora and Toledo discharges and placement settings to which youth were discharged in SFY 2008.

	Eldora	Toledo	Total
Discharges to:			
Home	198 (86.1%)	43 (39.8%)	241 (71.3%)
Relative's Home	4 (1.7%)	10 (9.3%)	14 (4.1%)
Family Foster Home	1 (0.4%)	15 (13.9%)	16 (4.7%)
Group Care	1 (0.4%)	18 (16.7%)	19 (5.6%)
Shelter / Detention	1 (0.4%)	11 (10.2%)	12 (3.6%)
Hospital / Mental Health Institute	0 (0.0%)	6 (5.6%)	6 (1.8%)
State Training School	0 (0.0%)	1 (0.9%)	1 (0.3%)
Adult Care Facility	0 (0.0%)	1 (0.9%)	1 (0.3%)
Independent Living	25 (10.9%)	3 (2.8%)	28 (8.3%)
Discharges Total:	230	108	338

Juvenile Facilities Average Daily Census**What:**

Eldora: The State Training School offers a behavioral program that transitions male delinquents from criminal behavior into goal-oriented, productive citizenship and also performs evaluation services for Juvenile Court officers and judges. The STS offers specialized treatment services to sex offender youth as well as intensive substance abuse treatment. The STS uses Performance Based Standards to monitor its programs and improve living conditions.

Toledo: The Iowa Juvenile Home offers a behavioral program that emphasizes student strengths and uses gender-specific programming. The facility utilizes an innovative behavior-modification program (Positive Behavioral Supports, or PBS) to change juveniles' behavior, improve resident and staff safety, develop social skills, and enhance academic achievement. The IJH also offers substance abuse services for assessment, counseling, and treatment, including a specialized program to treat up to 10 female juveniles with significant substance abuse issues.

How:

Eldora: The State Training School has 202.7 funded staff FTE positions in SFY 2009 with salaries of approximately \$12.9 million.

Toledo: The Iowa Juvenile Home has 125 funded staff FTE positions in SFY 2009 with salaries of approximately \$7.6 million.

Each facility receives support from staff in General Administration in the areas of policy development, outcome measurement, infrastructure improvement, and a variety of operational supports.

Offer Description:**Today's Activities and Results**

This offer provides access to specialized, highly-structured services in a residential setting to juveniles who are court ordered to these facilities either as an adjudicated delinquent or as a Child in Need of Assistance. It continues the provision of individualized care and treatment services to 189

male delinquents at the State Training School and to 64 female delinquents and Children in Need of Assistance and 20 male Children in Need of Assistance at the Iowa Juvenile Home. Both facilities provide quality residential and treatment services and are integral parts of Iowa's child welfare and juvenile justice systems.

Both juvenile facilities provide:

- Behavioral programming,
- Evaluations of youth awaiting placement and recommendations regarding the most appropriate placement,
- Basic educational and vocational programs to develop fundamental academic skills and attain life and social skills, and
- Substance abuse treatment and mental health care services.

By statute these facilities are only used when other placements have been tried and found to be inappropriate or ineffective. The State Training School and Iowa Juvenile Home are often a "last chance" for these children to gain essential academic, social, living, and vocational skills that will enable them to redirect their lives. Both facilities have designed their programs to develop these critical skills that are essential for successful re-entry into the community or to prepare for adulthood.

Improved Results Activities

The Iowa Juvenile Home is requesting additional funding to establish two custodial positions to attain and sustain a higher quality of environmental living conditions for youth.

Presently, the Institution employs one Custodial Worker to provide housekeeping services to the existing school building. At present, all cleaning provided in the living units is done by youth with staff supervision. Professional cleaning procedures and efficiencies need to be applied to cottage living conditions. This offer would establish a position that would maintain the housekeeping inventory and help establish best practices in the cleaning industry to cottage living, supporting the mission of the organization. This offer would also add a position to provide housekeeping services to the new Education/Support Services Building currently under construction. Together, this team of cleaning professionals would attain and sustain a higher quality of cleaning services to the Institution, assuring youth a healthy and clean treatment environment. SFY 2010 costs are estimated at \$ 65,000.

Offer Justification:

Legal Requirements:

The State Training School (STS) is established in Chapter 233A of the Code of Iowa to provide to juvenile delinquents a program which focuses upon appropriate developmental skills, treatment, placements, and rehabilitation. The STS is made up of the unit for boys at Eldora and the unit for delinquent girls at Toledo. The Iowa Juvenile Home (IJH) is established in Chapter 233B of the Code of Iowa for the purpose of providing care, custody, and education of the children committed to the home at Toledo.

Rationale:

Youth are court ordered to these facilities. The STS unit at Eldora receives male adjudicated delinquent youth. The STS unit at Toledo receives female adjudicated delinquent youth. The IJH receives male and female Children in Need of Assistance.

Eldora: The State Training School is receiving a high number of youth who have significant mental health challenges, felony or high-grade misdemeanor adjudications, and special education needs, especially due to low intellectual functioning. Often these youth have been in many placements prior to being sent to the STS. For many of these youth the STS is the placement of last resort before they age out of the juvenile justice system. The mental health issues of this population of youth along with their level of intellectual functioning and aggressive behaviors present unique management and treatment issues.

Toledo: The STS/Iowa Juvenile Home serves children whose needs cannot be effectively addressed by community-based service providers. Youth with psychiatric needs require a high degree of individualized treatment. The population is increasingly characterized by multiple deficits and extreme emotional disturbance. Specialized treatment programs are needed to provide the necessary care and treatment that these youth need.

This offer includes funding to sustain current services provided by the juvenile facilities to meet the needs of the current profile of youth served.

Results:

Result:		SFY 2008 Actual Level	SFY 2009 Projected Level	SFY 2010 Offer Level
Reading Academic Achievement (Percent of students who showed improvement from Pre- to Post-test, which occurs at admission and discharge)	STS	70%	71%	72%
	IJH	60%	61%	62%
Math Academic Achievement (Percent of students who showed improvement from Pre- to Post-test, which occurs at admission and discharge)	STS	67%	68%	69%
	IJH	63%	64%	65%
% of discharged youth who remain in the community (at home, in foster care, etc.) for at least 6 months	STS	100%	100%	100%
	IJH	100%	100%	100%

These results assume the level of funding requested in the offer in all appropriations as well as full funding of salary adjustment. If funding is insufficient in either area, results to be achieved will be modified to reflect the impact.